

Time Out For Parents



The Early Years

Sessions for anyone parenting children under five

Date - 13th September to 18th October
Every Thursday. 7-15 - 9-15 pm.

Venue

Southam Community Church Centre.

Coventry St. CV47 0EP

Next to Gateway Coffee Shop

Donation £5 includes handbook and refreshments

To book your place or for more information

Contact Jeff or Esther on 07743 578392

email jeffesther@hotmail.com

Visit our facebook page. Positive Parenting - Time out
for parents course.

 **positive**parenting

Common sense, jargon-free information and ideas to help
you to engage with your children and boost your relationship



Time Out For Parents

The Early Years

Positive Parenting Time Out for Parents courses from Care for the Family provide common sense, jargon-free information and ideas to help you to engage with your children and boost your relationship.

If you have children under five, then *Time Out for Parents – The Early Years* is for you. Over six sessions you'll increase your skills and confidence as a parent and discover practical tools to make your relationship with your child even better.

The sessions

- Session 1 What being a parent's really like!
- Session 2 Children's needs
- Session 3 Play and listening
- Session 4 Parenting styles and boundaries
- Session 5 Discipline and safety
- Session 6 The wider family



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